

ONE GOD, MANY PATHS, SPIRITUAL NOT RELIGIOUS



Sometimes what you are
LOOKING FOR
is already there.

-Aretha Franklin



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Radiant You

By Lois E. Spahr

Dare to be brave, dare to be true,
Dare to express the inner you.
Dare to be loving, kind, and forgiving;
Dare to express in everyday living
The inner radiant self of you
That always knows just what to do.
With spiritual mastery, throw on the shelf
The barriers made by your outer self.
Release from bondage the radiant one
That knows your true goal, and the race to be won;
Straight to the mark, let your radiant self
Fly on to God and God's true wealth.
Achieve those ideals, "too good to be true,"
All in God's plan for the radiant you.





Heart Talk

by Bernadette Voorhees



During the depression when things didn't look very good for Unity or the world, a lawyer working for Unity was discussing Unity affairs with Charles Fillmore and the Board of Directors. He suddenly began to list everything that he thought was wrong with Unity. They were always in the red. They were a bunch of dreamers. They were too idealistic and they were going to fail if they kept going the way they were going. Charles Fillmore listened to him and then calmly said, "You are fired, please leave. We can't have someone working in this organization who thinks as you do. You can do nothing but limit us by your negative thinking. This isn't just a business. This is a place of God, a work of God and God never fails."

Another time Unity's Board told Charles to stop writing and talking about regeneration of the physical body. They said, "You shouldn't talk about living forever because you might die and that would be a blow to the Unity teachings and the future of the movement." Charles answered, "I'm going to keep on believing in regeneration, writing and talking about it whenever I want to because like Napoleon's drummer boy, I cannot beat retreat. It's disobedience to Spirit to refuse to forge ahead through all hazards." That was the Spirit of our co-founder, Charles Fillmore. He marched through life under a banner that said "No Compromise with negation."

The world often condemns this type of person for being tough-willed, foolish and impractical, but these are the kind of people who have moved the world because they did not let the world move them. This Spirit of adventure frightens some people. We who are Unity today must have the courage of our spiritual co-founders to move fearlessly forward to fulfill our own powerful potential as a force for global peace and healing. Unity has a World View and Vision worth working toward: "Centered in God, we co-create a world that works for all."

♥ In love and light, Bernadette



Lighted Path Bookstore Ministry

Team Leader: Grace Conners



Fall... a time of transition into winter. There are still many warm and sunny days, intermixed with days of cooler, crisp air. We are fortunate to live in an area that offers us the variations of seasonal weather, but usually not with either extreme heat or cold. Each season has unique aspects that we can appreciate.

There are also aspects to be appreciated in all seasons of our lives. Filling our minds with positive and encouraging words and keeping our hearts filled with gratitude and thankfulness ensure we stay in a good space.

Please feel free to browse through the bookstore after church. If you have questions, there is a volunteer to help find answers.



Lighted Path Bookstore Volunteer Schedule

September	2	Grace Conners	7	October
	9	Sandy Wilson	14	
	16	Shaun McCarton	21	
	23	Grace Conners	28	
	30	Shaun McCarton		

Volunteers: Please contact **Grace Conners** or another volunteer if you cannot work your scheduled Sunday. Thanks.



Spiritual Economics by Eric Butterworth

In *Spiritual Economics* Eric Butterworth reminds us in straightforward language that we have the power and the means within us to live abundantly. In this book you will learn to work with the flow of life instead of against it, develop a prosperous attitude about money, health and love, and maintain your inner focus on affluence. Explore how to remove the mental blocks that keep us from experiencing abundance.



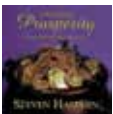
Baby Buddhas: A Guide for Teaching Meditation to Children by Lisa Desmond

Baby Buddhas highlights the benefits of meditation for parents and children and shows how to incorporate meditation into family life.



Heart's Calling by Michael DiBenedetto

Heart's Calling is the story of Michael Allen, a man's man who is not quite ready to join the world of his father when he lands on the crooked porch of the Second Avenue Shelter and Hotline. Staffed by a collection of down to earth volunteers, Allen is drawn into their curious world, mingling with, among others, a living Christ, a bulimic angel and a miniature man with a god complex. With the help of a therapist and his new collection of friends, Allen struggles to break free from his father and define for himself what it means to be a man.



Attracting Prosperity by Steven Halpern

Because prosperity begins in the mind, this program provides positive thinking affirmations to support listeners in breaking negative mental attitudes and set the intention to experience abundance on many levels. You don't audibly hear the words, but your subconscious mind does, and responds accordingly.

Mark Your Calendar! Christmas with Jim Fischer & Friends

Saturday December 1, 2018 • 3pm and 7pm



You're never far from our prayer support: Call, request by mail or email prayerteam@unityofvancouver.com

Dial a Daily Word Team Leaders: Larry & Joanne Turner

Silent Unity Prayer Circle : Sundays, 9:30-9:50 am

Unity Of Vancouver's Daily Word: 360-694-4325

Silent Unity: 816-969-2000; **Español:** 816-554-2580

September: As we pray we are immersed in and aligned with all that God is, in a consciousness of peace.

October: We enter into communion, one with another and one with God as we pray.

The Prayer of Protection

The light of God surrounds us; The love of God enfolds us; The power of God protects us; The presence of God watches over us. Wherever we are, God is!

<i>September Affirmations</i>	<i>October Affirmations</i>
Peace is mine as I still myself in spiritual silence.	Peace is my true nature.
The light of divine wisdom guides my every step.	Centered in divine wisdom, I trust my inner knowing.
Every thought of God life strengthens and heals me.	I celebrate ever-flowing vitality in my body and my life.
I live expectantly, gratefully, abundantly.	My mind is one with God Mind, in which everything is possible.
My thoughts, words, and actions contribute to a peaceful world.	Centered in Christ consciousness, I am the light of the world.

We invite you to focus on these affirmations. Spoken aloud or silently, these affirmations support you in creating a spiritually centered life.

Affirmations are positive statements of Truth. By affirming Truth we are lifted out of false thinking into the consciousness of Spirit. Each time we pray positively and faithfully, we are calling forth the divine activity that is always within us.



Effective prayer is a result of our inner attitude and the inner experience we have during prayer. Prayer does not make God do something for us that God is not already doing and being. Prayer does not change God. It changes us by leading us to the realization of the Presence of God.

Prayer is the process we use to recognize our relationship of oneness to God and God as the peace, love, prosperity, and wholeness that are always flowing through us. As we pray and meditate on these God qualities, they increase in our consciousness and are expressed outwardly in the demonstration of peace, love and every kind of good.

Here are five simple steps to more effective prayer.

1. **Relax** your mind, emotions and body. Surrender yourself completely to God by saying to yourself: Relax, let go, and let the peace of God take over. Then hold a thought such as: I feel the peace of God flowing through me, relaxing me.
2. **Forgive** or give up all that is not Godlike and true of your oneness with God. Keep giving up all such thoughts and attitudes until you realize that there is only the presence of God being expressed in and through you.
3. **Realize** God is the fulfillment of all that I need. God is now being expressed as my life, my peace, my love, my light, my supply. I feel the activity of God flowing through me as peace, love, health and prosperity.
4. **Accept** the idea of this activity of God into your consciousness by realizing that it is now appearing as you and all that you are. Express thanks and gratitude as you accept it.
5. **Express** and apply what you have gained in prayer and meditation in your life. You keep only what you use. Use increases your consciousness of the goodness of God.



Youth Ministry

Team Leader:
Katherine Schuh



Youth Education: Katherine Schuh
Nursery: Phaedra Karoy
UNITEENS & Y.O.U.: Shari Frisbie

Are you ready for the new beginning that is Fall? The old saying is Spring is a new beginning, but when I really think about it Fall is a new beginning. I let go of all the carefree summer days and plunge into the 'get ready' energy of grabbing on to the autumn breezes. I am ready for cooler mornings, shorter days and the brilliant colors that accompany heading back to school and schedules and preparing for the big winter holidays to come. In September and October, we celebrate our spiritual powers of ORDER and ENTHUSIASM. (**Enthusiasm comes from a Greek word meaning "in God".) I know all is in Divine Order and I feel the vibrant enthusiastic energy that is arriving with Fall.

Youth Education

This Fall we will resume our exploration of meditation, a powerful way of connecting with Spirit. Even the youngest child can be drawn into a meditation practice that can help transform the challenge of a long school day, time on the soccer field or in a gymnastics class, doing homework, or make the experience of a long car ride more balanced and centered. There are many forms of meditation, starting with breath, walking, chanting and forms of art. We hope to explore these using such books as *Baby Buddhas* by Lisa Desmond, *Meditating with Children*, and *Sunshine and Starbright*. Meditation is something a family can do together by learning to listen to your heartbeat, watching the breath, and learning to feel the inner change to balance and peace. It is in Prayer that we talk to God. It is in Meditation that God Speaks to us.

September Affirmation for DIVINE ORDER

I put first things first. God is in charge, all is in Divine Order.

October Affirmation for ZEAL & ENTHUSIASM

I pray, think and act with enthusiasm to do what is mine to do.

Youth Ministry & Teams



Volunteer Orientation • Sunday, September 9 • 11:30 to 12:15

We have arranged a special time to share our Mission and Vision of Youth Ministry with those interested in joining us in the great adventure of Youth Ministry. We have need in all areas for your talents. This is an opportunity for you to find where your talent and time will fit best, what the expectations are for volunteers and what you can expect to give and receive as a cherished Youth Ministry Volunteer. Bring your coffee, we will provide a treat! Our Teen group leader **Shari** has sent out a special prayer for a volunteer or co-sponsor to help with Uniteens and Y.O.U. Could this be you?

Harvest/Halloween Celebration • Sunday, October 28

Children of all ages are invited to wear their costumes to class as we celebrate this special time of year with crafts, stories and music, and special treats.

UNITEENS and Y.O.U.

We really enjoyed our summer with the Regional Rendezvous in Spokane, but we can't wait to begin Fall activities and classes. We will continue our food fundraisers as we look forward to Regional Retreat in October. We bless our church family for its awesome support. Our upcoming food fundraisers are:

September 7: Ice Cream Social

We love this event and you will too!

October 4: Annual Super Souper Sunday

This is one of our favorite events of the year! Bring your favorite soup or bread to share and enjoy a special time of fellowship with the church family.

Volunteer Teams & Team Leaders

Bookstore: Grace Conners	Grounds/Building: Harvey Schuh
Caring For Each Other: Bernadette Voorhees	Dial-a-Prayer: Larry & Joanne Turner
Greeting: Sandy & Ken Hattan	Lending Library/CD : Sandy Wilson
Office/Mailing Support: Phaedra Karoy	YM: Katherine Schuh / Y.O.U.: Shari Frisbie



2018 World Day of Prayer – September 13, 2018

World Day of Prayer is a 24-hour prayer vigil & meditation.

September 13, 2018 marks the 25th anniversary of the event, and thousands of individuals and communities around the world will come together to affirm and celebrate the true spiritual nature of healing. The live event will be held at Unity World Headquarters at Unity Village and broadcast to Unity and New Thought communities and homes around the world. Go to WorldDayOfPrayer.org and light a Virtual Candle or tune into any of the powerful World Day of Prayer events. Join us for music, prayer, and meditation as we support and strengthen our courage to heal ourselves, our communities, and our world, guided by the affirmation: I am a healing presence.



Guiding Prayer: Aligning my mind and heart with the mind and heart of God, I center myself in Pure Being. In a state of spiritual realization, I remember I can never be broken, limited, or unworthy. Courageously,

I rise into my true spiritual nature in this moment of healing. I heal the whole of me as I accept that I am brave. I am bright. I am beautiful. As I heal in my body, mind and spirit, I support healing in my family, my community, the earth, and the world. Centered in Pure Being, I am a healing presence.

Fall Faith-in-Action Series *The Practice Of Thriving* Begins September 9, 2018

“Too often when we think of prosperity we think of it in terms of what we have or don’t have or what we can or cannot do. This causes us to measure our abundance by external circumstances and we find ourselves forever chasing an illusion of prosperity that simply does not exist. The Thriving Ministry Model is about linking our abundance to who we are and what we have come here to be.” (The Practice of Thriving pg. 13)

Board Update



AFFIRMATION: "In our Unity of Purpose, we are guided by Infinite wisdom and prospered by Divine Love."

JULY 2018

The outside steps and sidewalks will be repaired in July. Plans were made for the Annual Membership Meeting.

AUGUST 2018

ANNUAL MEMBERSHIP MEETING was held on August 13, 2018. Team Reports were given, **Shari Frisbie** was elected to the 2019 Nominating Team and the Board of Trustees approved by the Membership of Unity of Vancouver.

Under New Business - Questions and Suggestions: There was a good discussion about how we can maintain and increase attendance and increase the prosperity of Unity of Vancouver, including offering the Thrive Prosperity Program starting in September.

AUGUST 2018 – BOARD UPDATE

Board of Trustees Officers for 2018-19 are:

Sandy Wilson – Board Chair

Harvey Schuh - Treasurer

Grace Conners – Vice Chair

Sandy Hattan - Secretary

Shaun McCarton - Member

Marti Skaer - Member

NEXT BOARD MEETINGS: September 2 & October 7

PROSPERITY BANK Sundays: September 2 & October 7

We maintain our church home through monies collected the first Sunday of each month in our Prosperity Banks. If you don't have a Prosperity Bank a Ziploc bag works just as well!

HELP US ADVERTISE: A six-line informational message in *The Columbian* newspaper is \$26 per week. Your extra gift of a \$26.00 or \$112.00 will help us to advertise Unity of Vancouver's services and workshops. Thank You!

Unity of Vancouver

WHERE LOVE IS FELT AND LIVES ARE CHANGED



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Sunday Celebration Service 10–11am

Bookstore open after Sunday service.

Midweek Service Wednesdays, 7–8pm

Daily Word: 360-694-4325

Silent Unity: 816-969-2000

Español: 816-554-2580

**Planning to move? Please let us know
if you are moving or no longer wish to
receive this newsletter**

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