

ONE GOD, MANY PATHS, SPIRITUAL NOT RELIGIOUS



Alone, we can
do so little;
TOGETHER,
we can do so much.

-Helen Keller



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Radiant Life Energy

By Russell A. Kemp

The joyous life of God radiates with power
and healing through me.

Day and night, summer and winter,
Springtime and autumn, and in between!

Asleep or awake, wherever I am,
with flowing precision God's life renews me
and keeps me young.

For radiant life energy is joyously, tirelessly,
Endlessly,

Always becoming me—
Because it loves being me.





Heart Talk

by Bernadette Voorhees



The Bible is full of requests from God to reach out and become involved with others. This means that we must learn to resist the temptation to move away from each other into our own separate houses in the pursuit of self-sufficient lifestyles that make sharing unnecessary.

In Webster's dictionary, we find that "being involved" means "to draw in as a participant; to relate closely; to connect; to include." When we involve ourselves with someone, we "connect" with them and we think of them as we make our plans. We draw together as participants in the activity of life.

Psychologists say that the 'average' person needs at least four hugs a day to be healthy and happy. They also say that our relationships and the quality of our relationships are a major factor in our ability to cope with life on this planet. For this reason, September and October's focus will be on ways that we can increase our connectedness with God and with each other, and ways to greatly decrease the waves of loneliness and isolation that sometimes sweep over us all.

It's so easy to be one of the many who get lost in the shuffle we call life and to become a nameless face in the crowd. We must all take the necessary steps to establish meaningful involvement. In the words of Paul, "If one part suffers, every part suffers with it; if one part is honored, every part is honored with it. Now you are the body of Christ and each one of you is a part of it." (1 Cor. 12: 20-27)

Ultimately, we are all part of the greater family of God. God will find the ways to show us how much we need one another and will give us the means for satisfying that need.

♥ In love and light, Bernadette



Lighted Path Bookstore Ministry

Team Leader: Grace Conners



Once again, we are moving into a change of seasons. It would be pointless to try to hang on to summer, because the changes will come no matter how we feel about it. So, we instead can choose to focus on how beautiful the fall colors are and how invigorating the crisp autumn air can feel.

Similarly, there are signs of change in the world around us. Some signs can bring feelings of hope and anticipation, while others can bring feelings of fear and dread. But again, it is pointless to long for things to be “the way they used to be” or to waste energy trying to figure out what will happen in the future. Instead we can choose to enjoy each moment of “now”, resting in the knowledge that all is in Divine Order and all is well.

Reading books that inspire us and expand our awareness and listening to uplifting or calming music can help so much to keep our vibration levels uplifted so that we attract the “highest and best” into our lives.

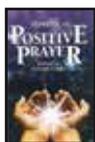
Please stop by the bookstore on Sundays, look around and visit with the volunteer on duty.

VOLUNTEERS: Please contact Grace Conners or another volunteer if you are unable to work your scheduled Sunday.

Lighted Path Bookstore Volunteer Schedule				
September	1	Grace Conners	6	October
	8	Shaun McCarton	13	
	15	Grace Conners	21	
	22	Shaun McCarton	27	
	29	Grace Conners		
Volunteers: Please contact Grace Conners or another volunteer if you cannot work your scheduled Sunday. Thanks.				



Prayer has the power to transform your life and these books available in our Lighted Path Bookstore can increase your power of affirmative prayer and inspire you to live as the magnificent, divine being that you are.



Handbook of Positive Prayer by Hypatia Hasbrouck

In the *Handbook of Positive Prayer*, Hypatia Hasbrouck explores the many practical and uplifting ways that positive prayer can work in your life. She guides you through a powerful seven-step prayer model as well as shares the benefits of visualization, prayer journaling, use of affirmations and denials, and other special prayer treatments and techniques.



How To Use The Power of Prayer by Harold Sherman

There is always an answer to prayer—when you have learned how to pray. To get the right answer to prayer, you must know how to prepare your mind and heart so that you can enter consciously into the God-presence which exists within. You will know that God exists for you—the God of your faith, the God for whom you have searched, the one and only Power in this great and wonderful universe!



The Miracle of Prayer by Rosemary Ellen Guiley

Across the nation, there has been a resurgence of belief in the power of prayer. Most of us pray for our families, for forgiveness, for guidance, and especially for healing. But what, exactly, is prayer? Is it a thought, a conversation with God, an outpouring of the soul? Why do some prayers work - and others don't? How does praying connect us with the Divine?



Effectual Prayer by Frances W. Foulks

From what makes prayer effectual to actually living in the consciousness of the Christ, this Classic Library series edition guides the reader through each of eight steps of effectual prayer.



You're never far from our prayer support:

email: phaedra@unityofvancouver.com or call: 360-696-0996

Daily Word Team Leaders: Larry & Joanne Turner

Call 360-694-4325 for a 24-hour taped inspirational message.

Silent Unity Prayer Circle

Sundays from, 9:30-9:50am • Leader: Marti Skaer

Affirmations

September: May we know our oneness with God, as we pray.

October: God is, and we are here and now as we begin this period of prayer.



<i>September Affirmations</i>	<i>October Affirmations</i>
Peace is mine as I rest in this timeless moment.	I pause. I breathe. I enter a sanctuary of peace.
Every cell in my body is full of divine life.	By faith, I perceive the true and real within every circumstance.
By the power of divine order, I easily adjust to changing conditions.	Centered in divine life, I flourish in every way.
I am in tune with universal intelligence within and around me.	I am one with and now realize divine abundance.
My thoughts and actions contribute to harmony in the world.	I am at peace with all humanity.
<i>We invite you to focus on these affirmations. Spoken aloud or silently, these affirmations support you in creating a spiritually centered life.</i>	

Affirmations are positive statements of Truth. By affirming Truth we are lifted out of false thinking into the consciousness of Spirit. Each time we pray positively and faithfully, we are calling forth the divine activity that is always within us.



Light Thoughts

from the Prayer Team



we are so Blessed

Unity World Day Of Prayer

September 12, 2019: Infinite Presence, Unlimited Potential

I celebrate the vast possibilities for my life.

You are invited to participate in Unity World Day of Prayer, a 24-hour Prayer Vigil and meditation. Join together with tens of thousands of people around the world. Together we will hold the high watch during World Day of Prayer, affirming that there is no spot where God is not. Wherever we are, God is.

Guiding Prayer

Breathing in to prayer, I am in awe of the unbound spirit, the infinite presence within and around me. God is vitality in my breath, beauty in the natural world, strength in my determination, and compassion in my acts of service. I recognize God in the spaciousness of the universe as well as in my limitless dreams.

Let me set my sight beyond where I have seen before, into the vast reality of divine power and presence. Let me draw upon divine power and presence in order to fulfill my great potential.

In the harmony of prayer, my heart beats to the rhythm of God. The pulse of infinite life moves me, nourishes me, and empowers me to give life to my dreams.

Prayer is not asking. It is a longing of the soul. It is daily admission of one's weakness. It is better in prayer to have a heart without words than words without a heart.

~ Mahatma Gandhi





Youth Ministry

Youth Ministry

Team Leader:
Katherine Schuh



Youth Education: Katherine Schuh
Nursery: Phaedra Karoy

September and October are the months to harvest the bounty of our world and prepare for the winter months ahead. It may seem too soon, but already the daylight hours grow shorter and the mornings cooler. Family schedules are busier. In our area the school year has already started.

Fall youth education classes will be exploring Prayer, incorporating the inspirations and affirmations used for Unity's World Day of Prayer. This annual event begins at 7pm September 11th and is observed until 7pm September 12th. This is the perfect time to share with and encourage prayer in our homes with our children. The practice of Prayer doesn't need to be lonely, formal and dull. Prayer is the perfect chance to talk to God wherever we are. We can use a tried and true prayer such as the "Prayer for Protection" or we may have a simple prayer from our heart. Children are the perfect prayers. They say their prayer and open their hearts to the bounty that will be bestowed on them. A prayer from Unity's day of prayer 2012 is "My Positive thoughts, words and actions create a healthy life – mind, body and spirit." Now that is a harvest worthy of sharing.

The spiritual powers for September and October are Divine Order and Enthusiasm.

September Affirmation for DIVINE ORDER:

I follow the law of love and my life is in order.

October Affirmation for ENTHUSIASM:

I am alive, alert, awake and enthusiastic about life.
I reap with enthusiasm that which I have sown.



Volunteers Needed For Youth Ministry

Volunteers where are you? We have sent our prayers on the way and know that Spirit is at work and we will soon harvest a bounty of great volunteers to share the wonder that is youth ministry. We ask for a minimum commitment of one Sunday a month with youth education ages 3 to 11. If you are interested in our teen program please schedule a time to meet with Rev. Bernadette, Phaedra or Katherine.

Children's Harvest/Halloween Celebration: October 27

Enthusiasm abounds as we celebrate harvest season and Halloween, anticipating our costumes and seasonal activities. We invite children of all ages to dress in costume on this special Sunday. We will celebrate in our YE class space with crafts, stories, music and special treats.

Uniteens and Y.O.U.

As we begin our fall classes, we are still in transition with our teen group and in the process of finding the perfect Sponsor for this group. We welcome Uniteens and Y.O.U. rs to share our youth education classes or the service with our congregation. Y.O.U. Fall retreat and Unitreat is October 11-13. Please contact Katherine or Phaedra for more information

Scholarships Needed

Your financial help in any amount is needed to give our children these amazing spiritual opportunities. Mark your gift, 'YOUTH SCHOLARSHIP FUND'. It will not be used for anything else. **Thank You!**

Annual Souper Sunday - October 6

Bring a Crockpot of your favorite soup, some homemade bread or a dessert to share and enjoy after service with your Unity family. Our Hospitality Team will host this event and any donations will benefit our building fund.



Inspiration & Transitions

Life's Weaving Author unknown

My life is but a weaving
Between my God and me;
I may not know the colors,
But God knows what they should be
For God can view the pattern
Upon the upper side,
While I can see it only
On this, the underside.

Sometimes God weaves beyond
my understanding,
Which seems strange to me;
But I will trust God's judgment,
And work on faithfully;
'Tis God who fills the shuttle,
God knows just what is best;
So, I shall weave in earnest
And leave with God the rest.

At last, when life is ended,
With God I shall abide.
Then I may view the pattern
Upon the upper side;
Then I shall know the reason
Why the new with the old entwined,
Was woven in the fabric
Of life that God designed.



Transitions: Our thoughts and prayers go out to the families and friends of these loved ones who recently made their transitions.

Robert Ellsworth
Kaye Lewis
Patricia Mathison

Margaret Refosco
Larry Stahlman



Board Update & Teams



AFFIRMATION: "In our Unity of Purpose, we are guided by Infinite wisdom and prospered by Divine Love."

July & August 2019

Our ANNUAL MEMBERSHIP MEETING, scheduled for August 18, 2019 was postponed and will be rescheduled.

Next Board Meetings: September 1 & October 6

Prosperity Bank Sundays Sept 1 & October 6

We maintain & support our church home through monies collected each month in our Prosperity Banks.

You Can Help

A six-line message in the 'Places of Worship' section of 'The Columbian Newspaper' is \$26 per week. We are asking for 12 Sponsors to give \$112 each or to combine with friends to cover the cost of 1 month. Your extra gift of a \$26.00 or \$112.00 will list Unity of Vancouver's services and workshops. **Thank You!**

Learn to enjoy every minute of your life. Be happy now. Don't wait for something outside of yourself to make you happy in the future. Think how really precious is the time you have to spend, whether it's at work or with your family. Every minute should be enjoyed and savored.

~Earl Nightingale



Volunteer Teams & Team Leaders

Bookstore: Grace Conners	Grounds/Building: Harvey Schuh
Caring For Each Other: Bernadette Voorhees	Dial-a-Prayer: Larry & Joanne Turner
Greeting: Sandy & Ken Hattan	Lending Library/CD : Sandy Wilson
Office/Mailing Support: Phaedra Karoy	YM: Katherine Schuh / Y.O.U.: Shari Frisbie

Unity of Vancouver

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Bookstore open after Sunday service.

Daily Word: 360-694-4325

Silent Unity: 816-969-2000

Español: 816-554-2580

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**Planning to move? Please let us know
if you are moving or no longer wish to
receive this newsletter**